



INTERNATIONAL WORKSHOP ON PĀTAÑJALA YOGA-SŪTRA

(Some Sūtra of Samādhi Pāda and some Sādhana Pāda)

Under Auspices : Pūjya Shri Gurudeva Dr. Vagish Shastri

2 to 6 November 2016 for 5 days

The group of participants not less than five and not more than fifteen

Organized by

Vāgyoga Chetanāpeetham

B.3/131-A, Shivala Varanasi-U.P.221001 (India)

(The city of light, situated on the bank of holy river Ganga)

Email- vagyogavns@gmail.com, vagyoga@hotmail.com;

Phone- 0542-2275706; 09935463678

1. Prayer of Patañjali Composed by king Bhoja.
2. Yogaḥ Citta-Vrith Nirodhah.
 - (A)Difference between Citta and Manas
3. What are Vrittis
4. How to control Vrittis
5. Abhayasa and Vairāgya
 - a. Vairagya is of two kinds
6. Astānga Yoga
 - a. Why in Hatha yoga onlu Śadaṅga yoga ?
7. Text

The workshop runs for 5 days : 10 Lessons.

COST :- US\$ 250 includes the course programme only, for any query contact vagyoga@hotmail.com, a \$50 registration fee should be paid with application form.

Note :- Please send attached Delegate Application form to Vagyoga-Chetanapeetham, through email vagyoga@hotmail.com before two weeks of the workshop.

Seats are limited.

Please contact Mrs.Versha Tripathi for boarding and lodging facilities (Mob No. +919336406327).

Dr. Vastoshpati Shastri

Secretary

Mob- +919893192777



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ON

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Delegate Application Form

Fix
Your
Recent
Colour
Photograph

To,
The Secretary,
Vāgyoga Chetanāpeetham
B.3/131-A, Shivala Varanasi-U.P. (India) 221001

Sir,
I am immensely happy and glad in joining the workshop on **PĀTANJALA YOGA-SŪTRA**
(Some Sutra of Samadhi Pāda and some Sadhana Pāda) **Under Auspices : Pūjya Shri**
Gurudeva Dr. Vagish Shastri in Varanasi.

I hope I shall be much benefited in participating the workshop of five days.

1. Mr./Mrs./Miss (Full Name) Family Name
2. Father's/Mother's/Husband's Name.
3. Date of Birth Place of Birth
4. Postal Address
5. Contact detail (Telephone) Mobile
6. Email Address
7. Qualification
8. Nationality..... Married/Unmarried
9. Occupation
10. Full detail of Occupation
11. Monthly IncomePassport No.
12. Hobbies
13. Languages you know
14. The mode of deposit cost

Thanking you

Name of Applicant (in Bold)

Date

Signature of Applicant